

Nutrition Diagnostic Terminology

Each term is designated with an alpha-numeric NCPT hierarchical code, followed by a five-digit (e.g., 99999) Academy SNOMED CT/LOINC unique identifier (ANDUID). Neither should be used in nutrition documentation. The ANDUID is for data tracking purposes in electronic health records.

	<u>NCPT Code</u>	<u>ANDUID</u>		<u>NCPT Code</u>	<u>ANDUID</u>
INTAKE NUTRITION DIAGNOSES (NI)					
<i>Actual problems related to intake of energy, nutrients, fluids, bioactive constituents through oral diet or nutrition support</i>					
Energy Balance Nutrition Diagnoses (1)					
<i>Actual or estimated changes in energy (calorie/kcal/kJ) balance</i>					
<input type="checkbox"/> Increased energy expenditure	NI-1.1	10633		<input type="checkbox"/> Intake of types of fats inconsistent with needs	NI-5.5.3 10854
<input type="checkbox"/> Inadequate energy intake	NI-1.2	10634		Protein Intake Nutrition Diagnoses (5.6)	
<input type="checkbox"/> Excessive energy intake	NI-1.3	10635		<input type="checkbox"/> Inadequate protein intake	NI-5.6.1 10666
<input checked="" type="checkbox"/> Predicted inadequate energy intake	NI-1.4	10636		<input type="checkbox"/> Excessive protein intake	NI-5.6.2 10667
<input checked="" type="checkbox"/> Predicted excessive energy intake	NI-1.5	10637		<input type="checkbox"/> Intake of types of proteins inconsistent with needs	NI-5.6.3 10855
Oral or Nutrition Support Intake Nutrition Diagnoses (2)					
<i>Actual or estimated food and beverage intake from oral diet or nutrition support compared with client goal</i>					
<input type="checkbox"/> Inadequate oral intake	NI-2.1	10639		Amino Acid Intake Nutrition Diagnoses (5.7)	
<input type="checkbox"/> Excessive oral intake	NI-2.2	10640		<input type="checkbox"/> Intake of types of amino acids inconsistent with needs	NI-5.7.1 12007
<input type="checkbox"/> Inadequate enteral nutrition infusion	NI-2.3	10641		Carbohydrate and Fiber Intake Nutrition Diagnoses (5.8)	
<input type="checkbox"/> Excessive enteral nutrition infusion	NI-2.4	10642		<input type="checkbox"/> Inadequate carbohydrate intake	NI-5.8.1 10670
<input type="checkbox"/> Enteral nutrition composition inconsistent with needs	NI-2.5	11142		<input type="checkbox"/> Excessive carbohydrate intake	NI-5.8.2 10671
<input type="checkbox"/> Enteral nutrition administration inconsistent with needs	NI-2.6	11143		<input type="checkbox"/> Intake of types of carbohydrate inconsistent with needs	NI-5.8.3 10856
<input type="checkbox"/> Inadequate parenteral nutrition infusion	NI-2.7	10644		<input type="checkbox"/> Inconsistent carbohydrate intake	NI-5.8.4 10673
<input type="checkbox"/> Excessive parenteral nutrition infusion	NI-2.8	10645		<input type="checkbox"/> Inadequate fiber intake	NI-5.8.5 10675
<input type="checkbox"/> Parenteral nutrition composition inconsistent with needs	NI-2.9	11144		<input type="checkbox"/> Excessive fiber intake	NI-5.8.6 10676
<input type="checkbox"/> Parenteral nutrition administration inconsistent with needs	NI-2.10	11145		Vitamin Intake Nutrition Diagnoses (5.9)	
<input type="checkbox"/> Limited food acceptance	NI-2.11	10647		<input type="checkbox"/> Inadequate vitamin intake	NI-5.9.1 10678
Fluid Intake Nutrition Diagnoses (3)					
<i>Actual or estimated fluid intake compared with client goal</i>					
<input type="checkbox"/> Inadequate fluid intake	NI-3.1	10649		<input type="checkbox"/> Inadequate intake of vitamin A	NI-5.9.1.1 10679
<input type="checkbox"/> Excessive fluid intake	NI-3.2	10650		<input type="checkbox"/> Inadequate intake of vitamin C	NI-5.9.1.2 10680
Bioactive Constituent Intake Nutrition Diagnoses (4)					
<i>Actual or estimated intake of bioactive substances, including single or multiple functional food components, ingredients, dietary supplements, alcohol</i>					
<input type="checkbox"/> Inadequate bioactive substance intake	NI-4.1	10859		<input type="checkbox"/> Inadequate intake of vitamin D	NI-5.9.1.3 10681
<input type="checkbox"/> Inadequate plant stanol ester intake	NI-4.1.1	11077		<input type="checkbox"/> Inadequate intake of vitamin E	NI-5.9.1.4 10682
<input type="checkbox"/> Inadequate plant sterol ester intake	NI-4.1.2	11078		<input type="checkbox"/> Inadequate intake of vitamin K	NI-5.9.1.5 10683
<input type="checkbox"/> Inadequate soy protein intake	NI-4.1.3	11080		<input type="checkbox"/> Inadequate intake of thiamin	NI-5.9.1.6 10684
<input type="checkbox"/> Inadequate psyllium intake	NI-4.1.4	11079		<input type="checkbox"/> Inadequate intake of riboflavin	NI-5.9.1.7 10685
<input type="checkbox"/> Inadequate beta glucan intake	NI-4.1.5	11076		<input type="checkbox"/> Inadequate intake of niacin	NI-5.9.1.8 10686
<input type="checkbox"/> Excessive bioactive substance intake	NI-4.2	10653		<input type="checkbox"/> Inadequate intake of folate	NI-5.9.1.9 10687
<input type="checkbox"/> Excessive plant stanol ester intake	NI-4.2.1	11084		<input type="checkbox"/> Inadequate intake of vitamin B6	NI-5.9.1.10 10688
<input type="checkbox"/> Excessive plant sterol ester intake	NI-4.2.2	11085		<input type="checkbox"/> Inadequate intake of vitamin B12	NI-5.9.1.11 10689
<input type="checkbox"/> Excessive soy protein intake	NI-4.2.3	11087		<input type="checkbox"/> Inadequate intake of pantothenic acid	NI-5.9.1.12 10690
<input type="checkbox"/> Excessive psyllium intake	NI-4.2.4	11086		<input type="checkbox"/> Inadequate intake of biotin	NI-5.9.1.13 10691
<input type="checkbox"/> Excessive beta glucan intake	NI-4.2.5	11081		<input type="checkbox"/> Excessive vitamin intake	NI-5.9.2 10693
<input type="checkbox"/> Excessive food additive intake	NI-4.2.6	11083		<input type="checkbox"/> Excessive intake of vitamin A	NI-5.9.2.1 10694
<input type="checkbox"/> Excessive caffeine intake	NI-4.2.7	11082		<input type="checkbox"/> Excessive intake of vitamin C	NI-5.9.2.2 10695
<input type="checkbox"/> Excessive alcohol intake	NI-4.3	10654		<input type="checkbox"/> Excessive intake of vitamin D	NI-5.9.2.3 10696
Nutrient Intake Nutrition Diagnoses (5)					
<i>Actual or estimated intake of specific nutrient groups or single nutrients as compared with desired levels</i>					
<input type="checkbox"/> Increased nutrient needs	NI-5.1	10656		<input type="checkbox"/> Excessive intake of vitamin E	NI-5.9.2.4 10697
<input type="checkbox"/> Inadequate protein energy intake	NI-5.2	10658		<input type="checkbox"/> Excessive intake of vitamin K	NI-5.9.2.5 10698
<input type="checkbox"/> Decreased nutrient needs	NI-5.3	10659		<input type="checkbox"/> Excessive intake of thiamin	NI-5.9.2.6 10699
<input type="checkbox"/> Imbalance of nutrients	NI-5.4	10660		<input type="checkbox"/> Excessive intake of riboflavin	NI-5.9.2.7 10700
Fat and Cholesterol Intake Nutrition Diagnoses (5.5)					
<input type="checkbox"/> Inadequate fat intake	NI-5.5.1	10662		<input type="checkbox"/> Excessive intake of niacin	NI-5.9.2.8 10701
<input type="checkbox"/> Excessive fat intake	NI-5.5.2	10663		<input type="checkbox"/> Excessive intake of folate	NI-5.9.2.9 10702
				<input type="checkbox"/> Excessive intake of vitamin B6	NI-5.9.2.10 10703
				<input type="checkbox"/> Excessive intake of vitamin B12	NI-5.9.2.11 10704
				<input type="checkbox"/> Excessive intake of pantothenic acid	NI-5.9.2.12 10705
				<input type="checkbox"/> Excessive intake of biotin	NI-5.9.2.13 10706
				Mineral Intake Nutrition Diagnoses (5.10)	
				<input type="checkbox"/> Inadequate mineral intake	NI-5.10.1 10709
				<input type="checkbox"/> Inadequate intake of calcium	NI-5.10.1.1 10710
				<input type="checkbox"/> Inadequate intake of chloride	NI-5.10.1.2 10711
				<input type="checkbox"/> Inadequate intake of iron	NI-5.10.1.3 10712
				<input type="checkbox"/> Inadequate intake of magnesium	NI-5.10.1.4 10713
				<input type="checkbox"/> Inadequate intake of potassium	NI-5.10.1.5 10714
				<input type="checkbox"/> Inadequate intake of phosphorus	NI-5.10.1.6 10715
				<input type="checkbox"/> Inadequate intake of sodium	NI-5.10.1.7 10716
				<input type="checkbox"/> Inadequate intake of zinc	NI-5.10.1.8 10717
				<input type="checkbox"/> Inadequate intake of sulfate	NI-5.10.1.9 10718
				<input type="checkbox"/> Inadequate intake of fluoride	NI-5.10.1.10 10719

Nutrition Diagnostic Terminology

	<u>NCPT Code</u>	<u>ANDUID</u>		<u>NCPT Code</u>	<u>ANDUID</u>	
<input type="checkbox"/> Inadequate intake of copper	NI-5.10.1.11	10720		<input type="checkbox"/> Obesity pediatric	NC-3.3.2.1	10768
<input type="checkbox"/> Inadequate intake of iodine	NI-5.10.1.12	10721		<input type="checkbox"/> Obesity class I	NC-3.3.2.2	10769
<input type="checkbox"/> Inadequate intake of selenium	NI-5.10.1.13	10722		<input type="checkbox"/> Obesity class II	NC-3.3.2.3	10818
<input type="checkbox"/> Inadequate intake of manganese	NI-5.10.1.14	10723		<input type="checkbox"/> Obesity class III	NC-3.3.2.4	10819
<input type="checkbox"/> Inadequate intake of chromium	NI-5.10.1.15	10724		<input type="checkbox"/> Unintended weight gain	NC-3.4	10770
<input type="checkbox"/> Inadequate intake of molybdenum	NI-5.10.1.16	10725		<input type="checkbox"/> Growth rate below expected	NC-3.5	10802
<input type="checkbox"/> Inadequate intake of boron	NI-5.10.1.17	10726		<input type="checkbox"/> Excessive growth rate	NC-3.6	10803
<input type="checkbox"/> Inadequate intake of cobalt	NI-5.10.1.18	10727				
<input type="checkbox"/> Excessive mineral intake	NI-5.10.2	10729				
<input type="checkbox"/> Excessive intake of calcium	NI-5.10.2.1	10730				
<input type="checkbox"/> Excessive intake of chloride	NI-5.10.2.2	10731				
<input type="checkbox"/> Excessive intake of iron	NI-5.10.2.3	10732				
<input type="checkbox"/> Excessive intake of magnesium	NI-5.10.2.4	10733				
<input type="checkbox"/> Excessive intake of potassium	NI-5.10.2.5	10734				
<input type="checkbox"/> Excessive intake of phosphorus	NI-5.10.2.6	10735				
<input type="checkbox"/> Excessive intake of sodium	NI-5.10.2.7	10736				
<input type="checkbox"/> Excessive intake of zinc	NI-5.10.2.8	10737				
<input type="checkbox"/> Excessive intake of sulfate	NI-5.10.2.9	10738				
<input type="checkbox"/> Excessive intake of fluoride	NI-5.10.2.10	10739				
<input type="checkbox"/> Excessive intake of copper	NI-5.10.2.11	10740				
<input type="checkbox"/> Excessive intake of iodine	NI-5.10.2.12	10741				
<input type="checkbox"/> Excessive intake of selenium	NI-5.10.2.13	10742				
<input type="checkbox"/> Excessive intake of manganese	NI-5.10.2.14	10743				
<input type="checkbox"/> Excessive intake of chromium	NI-5.10.2.15	10744				
<input type="checkbox"/> Excessive intake of molybdenum	NI-5.10.2.16	10745				
<input type="checkbox"/> Excessive intake of boron	NI-5.10.2.17	10746				
<input type="checkbox"/> Excessive intake of cobalt	NI-5.10.2.18	10747				
Multinutrient Intake Nutrition Diagnoses (5.11)						
<input type="checkbox"/> Predicted inadequate nutrient intake	NI-5.11.1	10750				
<input type="checkbox"/> Predicted excessive nutrient intake	NI-5.11.2	10751				
CLINICAL NUTRITION DIAGNOSES (NC)						
<i>Nutritional findings/problems identified that relate to medical or physical conditions</i>						
Functional Nutrition Diagnoses (1)						
<i>Change in body's physical and/or mechanical function compared to expected function</i>						
<input type="checkbox"/> Swallowing difficulty	NC-1.1	10754				
<input type="checkbox"/> Difficulty chewing	NC-1.2	10755				
<input type="checkbox"/> Breastfeeding difficulty	NC-1.3	10756				
<input type="checkbox"/> Altered GI function	NC-1.4	10757				
<input type="checkbox"/> Predicted breastfeeding difficulty	NC-1.5	11146				
<input type="checkbox"/> Sarcopenia	NC-1.6	NEED				
Biochemical Nutrition Diagnoses (2)						
<i>Change in capacity to metabolize nutrients as a result of medications, surgery, or as indicated by altered laboratory values</i>						
<input type="checkbox"/> Impaired nutrient utilization	NC-2.1	10759				
<input type="checkbox"/> Altered nutrition related laboratory values	NC-2.2	10760				
<input type="checkbox"/> Food medication interaction	NC-2.3	10761				
<input type="checkbox"/> Predicted food medication interaction	NC-2.4	10762				
Weight Nutrition Diagnoses (3)						
<i>Chronic weight or changed weight status when compared with usual or desired body weight</i>						
<input type="checkbox"/> Underweight	NC-3.1	10764				
<input type="checkbox"/> Unintended weight loss	NC-3.2	10765				
<input type="checkbox"/> Overweight/obesity	NC-3.3	10766				
<input type="checkbox"/> Overweight, adult or pediatric	NC-3.3.1	10767				
<input type="checkbox"/> Obesity, adult or pediatric	NC-3.3.2	NEED				
				<input type="checkbox"/> Malnutrition (undernutrition)	NC-4.1	10657
				<input type="checkbox"/> Starvation related malnutrition	NC-4.1.1	11130
				<input type="checkbox"/> Moderate starvation related malnutrition	NC-4.1.1.1	13210
				<input type="checkbox"/> Severe starvation related malnutrition	NC-4.1.1.2	13211
				<input type="checkbox"/> Chronic disease or condition related malnutrition	NC-4.1.2	11131
				<input type="checkbox"/> Moderate chronic disease or condition related malnutrition	NC-4.1.2.1	13212
				<input type="checkbox"/> Severe chronic disease or condition related malnutrition	NC-4.1.2.2	13213
				<input type="checkbox"/> Acute disease or injury related malnutrition	NC-4.1.3	11132
				<input type="checkbox"/> Moderate acute disease or injury related malnutrition	NC-4.1.3.1	13214
				<input type="checkbox"/> Severe acute disease or injury related malnutrition	NC-4.1.3.2	13215
				<input type="checkbox"/> Non illness related pediatric malnutrition	NC-4.1.4	13017
				<input type="checkbox"/> Mild non illness related pediatric malnutrition	NC-4.1.4.1	13216
				<input type="checkbox"/> Moderate non illness related pediatric malnutrition	NC-4.1.4.2	13217
				<input type="checkbox"/> Severe non illness related pediatric malnutrition	NC-4.1.4.3	13218
				<input type="checkbox"/> Illness related pediatric malnutrition	NC-4.1.5	13018
				<input type="checkbox"/> Mild illness related pediatric malnutrition	NC-4.1.5.1	13219
				<input type="checkbox"/> Moderate illness related pediatric malnutrition	NC-4.1.5.2	13220
				<input type="checkbox"/> Severe illness related pediatric malnutrition	NC-4.1.5.3	13221
BEHAVIORAL-ENVIRONMENTAL NUTRITION DIAGNOSES (NB)						
<i>Nutritional findings/problems identified that relate to knowledge, attitudes/beliefs, physical environment, access to food, or food safety</i>						
Knowledge and Beliefs Nutrition Diagnoses (1)						
<i>Actual knowledge and beliefs as related, observed, or documented</i>						
				<input type="checkbox"/> Food and nutrition related knowledge deficit	NB-1.1	10773
				<input type="checkbox"/> Belief finding that hinders food and/or nutrition behavior change	NB-1.2	10857
				<input type="checkbox"/> Not ready for nutrition related behavior change	NB-1.3	10775
				<input type="checkbox"/> Self monitoring deficit	NB-1.4	10776
				<input type="checkbox"/> Disordered eating pattern	NB-1.5	10777
				<input type="checkbox"/> Limited adherence to nutrition related recommendations	NB-1.6	10778
				<input type="checkbox"/> Unbalanced diet	NB-1.7	10779
				<input type="checkbox"/> Limited food and nutrition related skill	NB-1.8	NEED
				<input type="checkbox"/> Attitude finding that hinders food and/or nutrition behavior change	NB-1.9	NEED
Physical Activity and Function Nutrition Diagnoses (2)						
<i>Actual physical activity, self care, and quality of life problems as reported, observed, or documented</i>						
				<input type="checkbox"/> Physical inactivity	NB-2.1	10782
				<input type="checkbox"/> Excessive physical activity	NB-2.2	10783
				<input type="checkbox"/> Inability to manage self care	NB-2.3	10780
				<input type="checkbox"/> Limited ability to prepare food for eating	NB-2.4	10785
				<input type="checkbox"/> Poor nutrition quality of life	NB-2.5	10786

Nutrition Diagnostic Terminology

	<u>NCPT Code</u>	<u>ANDUID</u>		<u>NCPT Code</u>	<u>ANDUID</u>
<input type="checkbox"/> Self feeding difficulty	NB-2.6	10787	<input type="checkbox"/> Limited access to potable water	NB-3.4	12010
<p>Food Safety and Access Nutrition Diagnoses (3) <i>Actual problems with food safety or access to food, water, or nutrition related supplies</i></p>			<p>OTHER (NO) <i>Nutrition findings that are not classified as intake, clinical or behavioral-environmental problems.</i></p>		
<input type="checkbox"/> Intake of unsafe food	NB-3.1	10789	<p>Other Nutrition Diagnoses (1)</p>		
<input type="checkbox"/> Limited access to food	NB-3.2	12009	<input type="checkbox"/> No nutrition diagnosis at this time	NO-1.1	10795
<input type="checkbox"/> Limited access to nutrition related supplies	NB-3.3	10791			